

2016 BRRC RACE SERIES

PURPOSE: To promote and reward consistency in running in a variety of distances throughout the year (ranging from a 5K to a marathon). It is not our intention for you to race every race, so we have provided several races so that you can arrange your schedule.

WHAT IS IT? Points are awarded for the age group placing in a variety of Spokane area races. You are competing only against others who are participating in the series. Each race is ranked A-D depending on distance. Points are assigned according to placement.

HOW TO PARTICIPATE: When you participate in a race, email your birth year (ex. BRRC 1970) to Paul Gill at pagillwa@papamurphyscda.com. You must be a current BRRC member (memberships expire on Bloomsday). If you are not the primary member, please email the members name. In the event you forget to email, please contact the series coordinator, Paul Gill, at 509-953-4297 within 10 days after the race day; otherwise you will only receive participation points. Please be sure to include your name, your finishing time and your birth year.

Due to the size of Bloomsday you can email or send a copy of your results card (postmarked by June 1st) to:

BRRC Race Series
16424 N. Napa Lane
Spokane, WA 99208

COST: Free to all BRRC members. The participating races have contributed to the cost of the awards.

AWARDS: T-shirts to top three men and women in each age group. There will also be an award to the high points male and female. These awards will be presented at the annual awards banquet. You must run/walk in four races and volunteer for one series race to be eligible. To receive credit for volunteering, this must be in a race in which you do not run/walk. Incentive awards are offered for participating in eight events.

GROUP	AGES	BIRTH YEAR
1	0-13	2002-2015
2	14-18	1997-2001
3	19-29	1986-1996
4	30-34	1981-1985
5	35-39	1976-1980
6	40-44	1971-1975
7	45-49	1966-1970
8	50-54	1961-1965
9	55-59	1956-1960
10	60-64	1951-1955
11	65-69	1946-1950
12	70-74	1941-1945
13	75+	1940 and before

<u>Date</u>	<u>Race Class</u>	<u>Race Name</u>
*January 23	D	Deer Park Frostbite 5K
*February 13	D	Partners in Pain 5K
March 13	C	St. Paddy's Five
March 20	C	Rapid Rabbit Run (5 mile race only)
April 20	C	Recycle Run
May 1	B	Bloomsday 12K
June 5	B	Windermere Half Marathon
June 5	A	Windermere Marathon
*July 9	O	Climb a Mountain (5pts.relay, 20 pts solo)
July 23	A	Newman Lake 25K
*August 27	O	Half Fast Ultimate Runner (10 pts finishers)
September 11	B	Sundae Sunday 10 miler
Sept-Oct	D	Three BRRC 5K Cross Country Races
October 1	B	Colbert Half Marathon
October 9	A	Spokane Marathon
October 9	B	Spokane Half Marathon
October 9	C	Spokane 10K
October 9	O	Spokane Marathon Relay (5 pts finishers)
*November 6	O	Qualchan (5 pts finishers)

14-18 year olds can only participate in these runs. Under 14 can participate in the () runs and the three BRRC cross-country races. This is the only age group that gets 1 point for each event they compete in. If either age group participates in any other race, they are not eligible for any points. Our intention is to keep them in compliance with their track coaches. Both age groups must run/walk in two races to be eligible for awards.

Please watch the Race Rag and www.brcc.net for updated information (race dates are subject to change).

Place	Race A	Race B	Race C	Race D	Race O
1 st	20	15	10	8	
2 nd	17	12	8	6	
3 rd	15	10	6	4	
4 th	14	9	5	3	
5 th	13	8	4	2	
6 th	12	7	3	1	
7 th	11	6	2		
8 th	10	5	1		
9 th	9	4			
10 th	8	3			
Participated	5	3	2	1	5

2015 BRRC Race Series Rules

1. Before each series race, write on the back of your pull tag, BRRC and your year of birth (ex. BRRC 1970). And if the race is chipped timed, please email your birth year and time to the email below.
2. 14-18 year olds can only participate in starred (*) runs. They can participate in the Recycle Run provided that it is after the state high school track meet. Under 14 can participate in starred (*) runs and the three BRRC cross-country races. This is the only age group that gets 1 point for each event they compete in. If either age group participates in any other race, they are not eligible for any points. Our intention is to keep them in compliance with their track coaches. They must run in two races to be eligible for awards.
3. Tie breaking procedures are as follows: Two people in the same age group scoring the same number of points will be viewed as being in head to head competition. The win is given to the runner who won more of the races they were both in. If they are still tied, the committee will give the win to whoever participated in more of the series races. If they are still tied, the committee gives them the tie for that place. If the tie is for 1st place, the two runners share 1st and no 2nd place is given. 3rd place is awarded as normal. If the tie is for 2nd place, 1st is awarded as normal and the two runners' share 2nd and no 3rd place is given. If the tie is for 3rd place, the 1st and 2nd are given as normal and the two runners share 3rd place.
4. The overall high-points winner is bumped out of their age group. In their age group, whoever finished 2nd, 3rd, and 4th would be 1st, 2nd, and 3rd respectively.
5. To be recognized as an age group winner of the series, you must give up one race per year and volunteer. A list of volunteers will be provided to the series director by the race directors. **Only BRRC races** are eligible for inclusion as volunteer participation in the race series; non-BRRC races can't be used to fulfill the volunteer requirement.
6. Early starters will receive participation points only except in the case of the age groups where people who started at the regular time do not fill all the places. In this case, early starters will "fill in the age group from behind." Early starters need to be in the official early start group. Your pull tag will be marked to indicate that you started early. Early starter's tags will be collected separately at the finish line.
7. To be recognized as a series participant, adults must participate in 5 events (4 races and 1 volunteer series run). Kids under 18 must participate in 2 races.
8. In the event you forget to email, please contact the series coordinator, Paul Gill, at 509-953-4297 or by email at pagillwa@papamurphyscda.com, within 10 days after the race day; otherwise you will only receive participation points. If you call/email after 10 days, you will get participation points only. Do not ask the finish line workers or those compiling results to mark your tag for you.
9. Incentive awards are offered to series participants. You must complete 8 events (7 races and 1 volunteer series run). Those who participate in all possible events will receive a special award selected by the series director. Overall winners and the top 3 placers in each age group will receive a T-shirt with the names on the back. The overall winner(s) will also receive and award.
10. Because of our separate volunteer award program, those who volunteer and also run in a race will no longer receive series points.
11. BLOOMDSAY: Please send a copy of your Bloomsday results card by June 1st to:
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Spokane, WA 99208