



## Let's Climb a Mountain - July 10, 2010

34.3 Mile Solo Run and Team Relay from the Clock Tower to the top of Mt Spokane.

Presented by the Bloomsday Road Runners Club

Entry Fee: Solo - \$50.00 Team- \$20.00 per member NO REFUNDS

Late Entry: After June 25<sup>th</sup>: Solo - \$65.00 Team - \$25 per member

Time: Solo – 6:00 a.m. Team – 6:30 a.m.

Awards: Solo – Top male and female winners receive a trophy. All solo finishers receive a medal .

Teams – Medal to 1<sup>st</sup> place finishers in each category. Ribbons to 2<sup>nd</sup> and 3<sup>rd</sup> place.

Traveling trophy for top male and female high school teams.

Check-In: Number pick-up and late registration, Friday July 9<sup>th</sup> 4:00 p.m-7:00 p.m. at Runners Soul.

Course: Riverfront Park Clock Tower to Mt Spokane. Map and additional information is available at [www.letsclimbamountain.com](http://www.letsclimbamountain.com).. The course will close @ 1:30 p.m.

No transportation is available from the finish line to Riverfront Park. Please make your own arrangements.

Online registration is available at active.com. Team captain must fill out registration information for each team member and pay with one credit card.

Solo finishers receive a long sleeve technical shirt. Team finishers receive a technical short sleeve shirt.

-----**ENTRY FORM-PLEASE PRINT CLEARLY**-----

### Solo Registration

Checks Payable to: Bloomsday Road Runners Club  
(Mail to: Ron Nutkowitz, 1308 W. Tieton Ct., Spokane, WA 99208)

Last Name \_\_\_\_\_ First Name \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_ Date of Birth \_\_\_\_\_ Age \_\_\_\_\_ (on race day) Gender M F

Category: Open \_\_\_\_\_ Masters \_\_\_\_\_ Amount enclosed \$ \_\_\_\_\_

Size (circle one): S M L XL

DECLARATION: In consideration of acceptance of this entry and intending to be legally bound, I hereby for myself, heirs, executors, and administrators and administrators waive, release and discharge any and all rights and claims to damage which I may have of which may hereafter accrue to me against the Bloomsday Road Runners Club, other sponsors of this run, or respective officers, agents, representative, successors and/or assigns, for myself in connection with my entry and/or travel to, participating in, and returning from the Let's Climb a Mountain Run on July 10, 2010. Realizing the dangers of using headphones, I agree I will not wear them. I agree that I will not run with a dog. I have read the above statement; I understand it, and my signature confirms its acceptance.

SIGNATURE \_\_\_\_\_ DATE \_\_\_\_\_ Parent if under 18 \_\_\_\_\_

## Team Registration

Checks Payable to: Bloomsday Road Runners Club

Relay team name \_\_\_\_\_ Team Captain \_\_\_\_\_  
 Team Category: Open male \_\_\_ Open female \_\_\_ Masters male (40+) \_\_\_ Masters female \_\_\_  
 Senior male (55+) \_\_\_ Senior female coed (3 M and 3 F) \_\_\_ Coed Masters 3M/3M 40+) \_\_\_  
 Youth male (grade 12 & under) \_\_\_ Youth female \_\_\_ Youth coed (3 M & 3 F) \_\_\_  
 ACOGON (any combination of gender or number of runners) \_\_\_ High School \_\_\_\_\_

Teams must consist of six runners (except for ACOGON)

Name <small>(print last, first)</small>	Signature <small>(I have read &amp; understand release statement)</small>	Address <small>(street, city, state, zip)</small>	Age <small>7/11/09</small>	Phone <small>(+ area code)</small>	M/F	Shirt <small>XS, S, M, L, XL</small>
1. Team Captain						
2.						
3.						
4.						
5.						
6.						

Parent signature if under 18 \_\_\_\_\_

Team relay (\$20 x \_\_\_ # of team members)

Late fee (\$25 x \_\_\_ # of runners after 6/25)

Team captains submit one check.

Amount enclosed \$ \_\_\_\_\_ (non refundable)

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